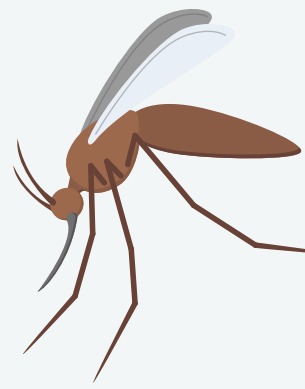




# Protect children from Mosquito Bites!



Mosquitoes are out! But there are simple steps you can take to help prevent mosquito bites and the diseases they can cause.

## Always apply an EPA approved mosquito repellent to children before they go outside.

- To apply, put some on your hands first, and then apply it to the child's arms, legs, neck and face. Be sure not to put any repellent on their hands.
- Don't apply any repellent underneath their clothing or facemasks.
- Try to avoid getting repellent on any cuts or irritated skin.



EPA approved repellents contain DEET, permethrin, picaridin IR3535 or oil of lemon eucalyptus to protect against mosquitoes. Always follow the directions on the label.



If a child will be outdoors at a school or camp, send repellent with them so someone can help them reapply during the day, as needed.



When weather permits, long sleeves and pants can help protect children when they go outside.



## Be aware of peak mosquito hours.

The hours from dusk to dawn are peak biting times for many species of mosquitoes. If you notice mosquitoes are biting, reapply repellent, or think about going inside.



For more information visit:  
[www.mass.gov/MosquitoesAndTicks](http://www.mass.gov/MosquitoesAndTicks)

